

(TMI Focus, Vol. XI, No. 2, Spring 1990)

METAMUSIC® ARTIST SERIES

by Mark Certo, Recording Engineer

Many have said that today's music is more like a packaged commodity than an art form, that it is void of emotion, and does not speak to the soul of the listener. Since TMI's research involves all things nonphysical, not the least of which is emotion, it is only natural that music appears in the TMI catalog.

Years before the New Age music scene came into being, Bob Monroe—always ahead of his time—created *METAMUSIC*. Its compositional style was very precise in chord structures and melodies, and carefully designed to work in conjunction with Hemi-Sync®. It also contained the improvisational elements of pure emotion, the most important aspect of music as an art form.

The *METAMUSIC* tapes were received with great enthusiasm, and have met with much success. Recently, Bob sought other talented composers who had a full understanding of the kinds of music he wanted. Innumerable demonstration tapes arrived on his desk from musicians across the continent. Only a few of these were on the right track, and these few became the genesis of the *METAMUSIC ARTIST SERIES*.

Technological advances in musical instruments, with computerization and digital reproduction, have brought about great changes in the series. Being able to incorporate symphony orchestras, and create sounds which are not easily definable—yet are aesthetically pleasing—gives an unprecedented compositional freedom to our composers. The results are phenomenal! The interface of human and machine produces results which surpass our wildest dreams. The music is expressive, soulful, and spans the generation gap. The freedom of expression is not only the composer's, but is a shared experience between composer and listener. This convergence has restored that which many believed was gone forever in music.

While general guidelines for *METAMUSIC* composition remain somewhat the same, advances in Hemi-Sync technology have allowed for a more melodic musical structure and scoring arrangements. The criteria for expression over virtuosity is still very firm: the intent is to blend rather than to show off, to incorporate each melody with care, and to remain "musical" to the layperson's ear. Yet those of you with musical talent or with deep appreciation of talent will not be disappointed. The *METAMUSIC ARTIST SERIES* puts the emphasis on the word "art," art as expression and not as commodity, art as art was meant to be: expressive, full of life's experiences, and communicable.

The current state of Hemi-Sync technology has a most astounding effect on the enhancement of these compositions. Hemi-Sync is now incorporated as an integral part of the composition

itself, and is no longer considered a separate entity. The incorporated signals ebb and flow with the composition. With each new movement and segue of musical passages, the signals change to ensure the listener a much deeper understanding of the music. The levels of concentration and relaxation frequencies have been increased, and the effects are optimal.

At present, the *METAMUSIC ARTIST SERIES* contains four titles, with two more in the production stage. The styles of composition are a blending of all the marvelous qualities that New Age composers are attempting, without having yet defined them. We believe you will enjoy the series regardless of your established musical tastes, and encourage you to treat yourself to experiences with this new music. As always, we look forward to your response and recommendations.

Hemi-Sync® is a registered trademark of Interstate Industries, Inc.

© 1990 The Monroe Institute